

HOW TO REALLY LOVE A CHILD

By Susan Ariel Rainbow Kennedy

Be there. Say yes as often as possible. Let them bang on pots and pans. If they're crabby, put them in water. If they're unlovable, love yourself. Realize how important it is to be a child. Go to a movie theatre in your pajamas. Read books out loud with joy. Invent pleasures together. Remember how really small they are. Giggle a lot. Surprise them. Say no when necessary. Teach feelings. Heal your own "inside child". Learn about parenting. Hug trees together. Make loving safe. Bake a cake and eat it with no hands. Go find elephants and kiss them. Plan to build a rocketship. Imagine yourself magic. Make lots of forts with blankets. Let your angel fly. Reveal your own dreams. Search for the positive. Keep the gleam in your eye. Mail letters to God. Encourage silly. Plant licorice in your garden. Open up. Stop yelling. Express your love. A lot. Speak kindly. Paint their tennis shoes. Handle with caring.

Children are miraculous.